

Harriet TURK



Kind Words From Clients:

Harriet Turk has been invited to come speak at our summer camp program for the last 20 years. That alone speaks volumes- We ADORE her! She's energetic, funny and can really connect with any audience.

--Amber Stedt, Program Coordinator
Aroostook Teen Leadership Camp

"Junior Achievement has benefitted hugely from securing Harriet Turk to be the Keynote Speaker at our Young Women's Futures Symposiums for 10th and 11th grade high school girls for the past 10 years. Harriet is engaging, approachable and extremely professional."

Betsi Zikmund

Director of Special Projects
Junior Achievement of South Central PA

"I've seen you present several times. Every time I walk away with a renewed sense of why I do what I do and new tips to help me be a better leader."

Emily Booth, Teacher

Brandon High School

"One of the best speakers I've ever hired at the state and national level."

Michelle McGrath, Executive Director

WASC

"We thoroughly enjoyed having Harriet at our conference. She's compassionate and people are drawn to her."

Barry Cooper, Executive Director

JACO

An inspiring and influential woman of great passion and heart for youth! I am glad she has challenged and touched many lives of today's Asia youth during our international youth summit!

- Delane Lim, Chief Executive Officer

Agape Group Holdings, Singapore

I help people break through barriers, create a path to success, and become unstoppable.



Harriet's programs share every day skills people can use to navigate the turbulent waters of their life and take control of their destiny.

Think Differently. Build Relationships. Become Unstoppable.

For more than 25 years, Harriet Turk has blazed a trail helping leaders, students, and organizations discover how to reach their full potential and be more successful. With every program, Harriet delivers **ideas that are practical** with **steps that are actionable** for everyone in the room.

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Popular Programs:



JUST DREAM... AND DO THE WORK!

So you have a dream—now what? Dreaming alone doesn't transform these aspirations into reality. In "Just Deal With It," Harriet leads participants on a **take charge, get real and go for it** journey. Belief, character development, balanced living, and resilience are key aspects of success. This **dynamic leadership program** combines humor with a thought-provoking message to **inspire and energize** participants toward these goals.

JUST CHOOSE PEACE

Homes, schools, communities and regions—sometimes it feels like violence is all around us. How can you transform yourself, break the bonds of violence in your community and build a future with others? "Just Choose Peace." Through this program, Harriet introduces participants to the **skills** and **attitudes** that can change a non-caring community into a productive one (**conflict resolution, anger management, bullying and creative problem solving**).

JUST DYING FOR A DRINK?

In America, drinking and driving is a leading cause of death for teens age 15 to 19. Speed, reckless driving and unused safety belts are all contributing factors. Through "Just Dying for a Drink?" Harriet combines **stats and real-life stories** to encourage students to **buckle up, choose not to ride with a drinking driver** and, most importantly, to **party with style.**" (Partying and style do NOT equal consuming alcohol or other substances.) **This program is excellent for prom week.**

JUST BE U

From the time we are little girls, we are shown images of what a beautiful woman looks like. We are taught that we should try to be beautiful, too. We dress up, we put on make-up, we play with our hair, we read the magazines, and we try. We try very hard. But, we never know when it's enough. No one ever says, "You've reached the goal! You can stop trying now." So we keep on reaching for perfection. We'd like for someone to tell us when we are beautiful enough.

This presentation will help young women recognize their **true beauty** and **self-esteem**. Beyond just their physical appearance, they will dig deep and uncover their **strengths**, their **value**, and their **self-worth**. The journey of self-discovery will set them free. They will learn to appreciate their own unique beauty and to discard the myth that everyone else is better than they are.

JUST GET UP AND MOVE!

Is your group bored with the same old energizers and games? Through "Just Get Up and Move," Harriet introduces participants to **games** and **activities** to use at meetings, conferences, or any time your members need a break! Topics include:

- Replacing indifference with energy
- Dealing with adversity
- Goal-setting
- Action planning
- Teambuilding/team management
- Activity/fundraising ideas
- Energizers/games

Just Serve

Harriet's service learning programs encourage a new generation of student leaders to **serve with substance**. Rather than simply showing up for the 'ta-dah' moment, she challenges students to reach out to others and make a sustainable change by asking, "**How can we serve you best?**"

JUST BE A RESOURCE

In this peer counselors/peer mediation program, Harriet combines **experiential learning** with **research** to create an effective and winning combination for participants. This intensive learning can cut months off learning time for a new group and boost an experienced group to their next enrichment level. Topics include:

- **Listening** skills
- **Communication** techniques and body language
- **Teen issues** (suicide, grief, stress, alcohol/drugs, eating disorders)
- **Referral resources**/when to let go
- **Teambuilding**/leading a team
- **Conflict resolution**/bullying/anger management