



Some motivational speakers want to tell you that all you have to do is believe in yourself and you will achieve everything you want.

**Harriet Turk** thinks differently. She knows that sometimes life doesn't go the way we plan and it can be tough to deal with.

Today, Harriet will give us ideas on how to manage the chaos, focus on what is important, and how to win at life and work.

From Memphis, Tennessee...please help me welcome **Harriet Turk!**